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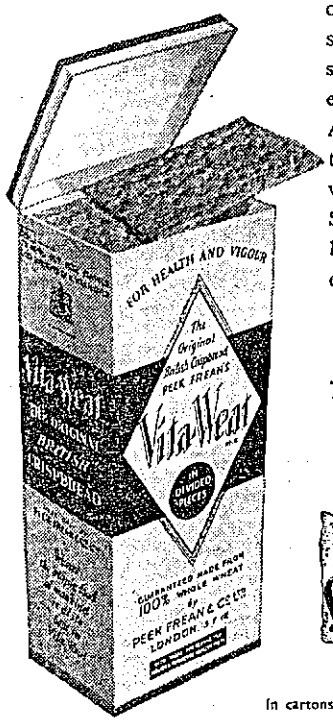
Vita-Weat

REGD.

gives you energy PLUS slimness

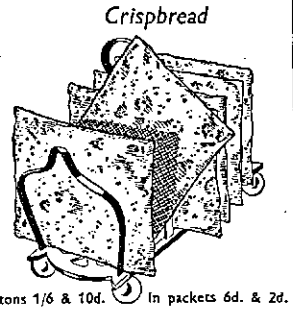
What should British bread be made of? Wheat. What form should wheaten bread take? Crispbread. Which crispbread should you choose? Vita-Weat. Who makes Vita-Weat? Peek Frean.

After this little catechism, all that remains to be said is that you can eat as much Vita-Weat as you like without fear of putting on fat. There is no unconverted starch in Vita-Weat; it is supremely digestible; and it encourages internal regularity. All the energizing goodness of the whole wheat grain is there, with all its precious vitamins. So make Vita-Weat your daily bread. Put it on the table at every meal.



Vita-Weat

The British Whole-Wheat Crispbread



In cartons 1/6 & 10d. In packets 6d. & 2d.

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Three Welsh Leaders For Trial On Airfield Arson Charge

Girl Pat Men For Trial

Defence Hints At Surprise

MR. CHRISTMAS HUMPHREYS, defending the Orsborne brothers in the Girl Pat case at Bow St yesterday, said to the magistrate when they were sent for trial:—

"It may be that at the trial, when the defence is made known, serious allegations—very serious allegations—will have to be made to certain witnesses for the prosecution."

The brothers, George Black Orsborne, aged 32, skipper of the Girl Pat, and James Black Orsborne, aged 31, a grocer, both of Peaksville Avenue, Grimsby, are accused of stealing the Girl Pat, the property of the Marstrand Fishing Co., from British territorial waters on April 4. They were arrested at Georgetown, British Guiana.

£500 Bail

In committing them for trial at the Old Bailey, the magistrate, Mr Fry, allowed bail of £500 each.

Both men pleaded not guilty and reserved their defence.

George Frederick Jefferson, an engineer of Milford Haven, said he was engaged as engineer on the Girl Pat by the owners

While they were ashore at Dover on April 4 "Jim" Orsborne invited him to have a drink. Jim left him, saying he would return in a minute or two. As he did not return Jefferson searched for him and, not finding him, went back to the ship. He found that the Girl Pat had been moved.

Jefferson later found that the Girl Pat had disappeared.

Fine Follows Road Death Of Cricketer

Robert John Kibble, 22-year-old plasterer, was fined £1 at Cirencester yesterday, disqualified from driving for a month, for carelessly driving a motor-cycle. The Gloucestershire county cricket captain, Mr D. A. C. Page was killed when his car came into collision with Kibble's machine.

'INSULTS TO NATION' PROTEST

REFERENCES to "insults by the English Government to the Welsh nation" were contained in a remarkable statement alleged to have been made by three Welsh Nationalist Party leaders who were sent for trial at Pwllheli, Carnarvonshire, yesterday.

The charges arose out of a fire at the new RAF armament training camp at Penrhos.

The three men, who appeared on remand, were: Professor John Saunders Lewis, of Swansea University; the Rev Lewis Edward Valentine, Baptist minister, Llandudno; and Mr D. J. Williams, senior master at Fishguard County School.

They were accused of doing malicious damage to the amount of £2,355 to buildings, stacks of timber, and other articles, the property of the King, contrary to Section 51 of the Malicious Damage Act, 1861.

'POLITICAL'

A second charge was that, contrary to Section 5 of the Malicious Damage Act, they feloniously and maliciously set fire to certain buildings belonging to the King.

Mr Stanley Jones, Caernarvon, who defended, had stated that the charge, although serious, was not of a criminal nature, but of political significance.

Mr G. R. Paling, for the Director of Public Prosecutions, said that at about 1.30 a.m. on September 7, the watchman, David William Davis, was going round and was near the stores and offices when two men came at him from behind, threw him down, and held him face downwards.

Davis tried to call out, but one of the men prevented him. A few moments later he saw that a fire had started in the office, 25 to 30 yards away.

At 2.30 a.m. three men arrived at Pwllheli police station, and asked to see the superintendent.

LETTER READ

Lewis handed to the officer a statement written in Welsh, dated September 7. It was addressed to the chief constable of Caernarvon, and read:—

"Sir: We who sign this letter acknowledge our responsibility for the damage which was done to the buildings of the bombing camp this evening.

"Ever since the intention to build a Lleyn bombing camp was first announced we, and many of the leaders of the public life of Wales, did everything we could to get the English Government to refrain from placing in Lleyn an institution which would endanger all the culture and traditions of one of the most Welsh regions in Wales.

"But in spite of our pleading, in spite of the letters and protests forwarded from hundreds of religious and lay societies throughout the whole of Wales, and although thousands of the electors of Lleyn itself signed a petition imploring prevention of this atrocity, yet the English Government refused even to receive a deputation from Wales to talk over the matter.

"Lawful and peaceful methods failed to secure for Wales even common courtesy at the hands of the Government of England.

"Therefore, in order to compel attention to this immoral violation of the sure and natural rights of the Welsh nation, we have taken this method, the only method left to us by a Government which insults the Welsh nation.

"Yours in the bonds of Wales, Saunders Lewis, lecturer in the University of Wales, St Peter's Rd, Newton, Mumbles, Swansea; Lewis Valentine, Minister of the Gospel, St Andrews Place, Llandudno; and David John Williams, County School Master, High St, Fishguard."

Mr. Paling added that Police Superintendent Hughes cautioned the three men and asked them how they started the fire, and Lewis replied, "With petrol and a syringe."

PETROL FOUND

The damage, Mr Paling added, included £316 in respect of workmen's kit—their personal property. Petrol tins were found, some of them still containing petrol, and three brass syringes.

Mr Paling, continuing, said: "If every person who disagreed with the actions of Governments started to burn buildings it might well be that few buildings would be left standing in this country."

Mr Jones said that the three men desired to say nothing and to call no witnesses at this stage.

On giving an undertaking not to engage in any propaganda relating to the case the accused men were granted bail.

New Football Chief Broke The Crossbar

Daily Express Correspondent.

LINCOLN, Wednesday. — Sir Clement Newsum, Lincoln industrialist, has been appointed president of Lincoln City Football Club. He played at outside right in Lincoln City's first game as an amateur club in 1883. One of his shots broke a cross-bar.

GAS ENDS STRIKE

Police, using tear-gas bombs, drove out 3,500 strikers who occupied a textile factory at Kranj, Slovenia, yesterday, states Reuter.

Youth's Prank Plunged Towns Into Darkness

EIGHTEEN - YEAR - OLD solicitor's clerk, John Watson, of Four Mile Stable Farm, Bottisham, Cambs, threw a piece of wire over cables carrying 33,000 volts "to see what happened."

This, according to statements at Bottisham Police Court yesterday, is what did happen:

The electricity supply at Newmarket and Burwell failed for 17 minutes on May 24.

A dozen patrols of the electricity company were out all night and all next day trying to trace the cause of the breakdown.

Watson, accused of causing the wastage of electricity to the Beds, Cambs and Hunts Electricity Company, was bound over.

BERYL'S RETURN

NEW YORK, Wednesday.—Mrs Beryl Markham, the Atlantic airwoman, announced today that she is returning to England in the Queen Mary next Wednesday.—Reuter.

TWICE LED AUSTRIA

VIENNA, Wednesday.—Dr Karl Buresch, tradesman's son, who between 1931 and 1934 was twice Chancellor and three times Minister of Finance in Austria, died today aged 57.—Reuter.

BRITAIN TO MAKE MORE "QUALITY" CARS

Daily Express Special Motoring Reporter

COVENTRY, Wednesday.

MANY leading British motor-car manufacturers have planned to concentrate in the coming year on the "quality" market — distinct from the mass - produced motor - car market.

The Rover Company's eight models for 1937 all come in that "quality" class. Their prices range from £248 for the 10 hp saloon to £415 for the 20 hp speed model.

Today 800 Rover dealers and distributors visited the firm's works here to see how this old-established company is able to manufacture a "quality" car at such low prices. Mr S. B. Wilks, managing director, told them his secret at the luncheon.

It is possible to make these cars economically, thanks to a large extension to the works, reorganisation and re-equipment of the factory, and the installation of new moving tracks and latest design conveyors

Did you MACLEAN your teeth to-day?

Oui, oui, Monsieur!

PER TUBE 6D and 1/-

NEW GIANT TUBE 1/9

MACLEANS PEROXIDE TOOTH PASTE

Macleans patented pure white nozzle keeps the toothpaste fresh and clean from first squeeze to last.

If you use Tooth POWDER, try the new Macleans Peroxide Tooth Powder — 6d. per tin

Mrs. Charles B. Cochran's cook* tells you how to roast a stuffed shoulder of mutton to perfection

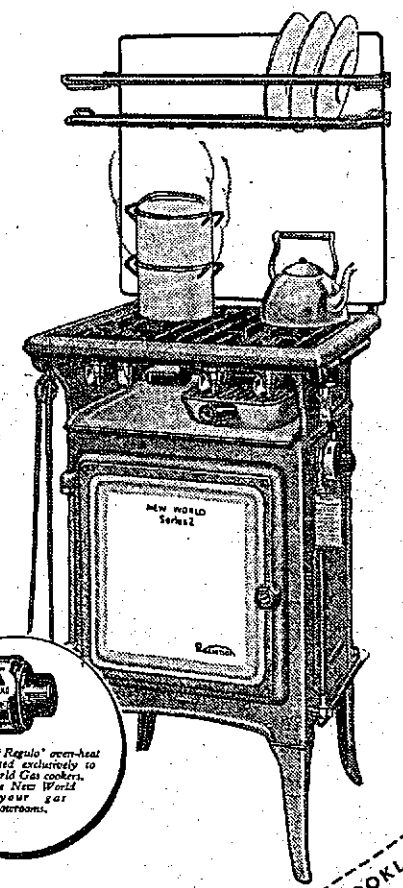
* by courtesy of Mrs. C. B. Cochran.

IN Mr. and Mrs. C. B. Cochran's charming London house, with its window boxes gay with flowers, there is a spacious kitchen presided over by Mrs. Sarah Bartrop.

Mrs. Bartrop, who has been cooking for this household for many years, said: 'A stuffed shoulder of mutton makes a very nice "roast." Of course, we always have English mutton, preferably Somerset. I take out the bone—which can then be stewed for stock—and make a stuffing of breadcrumbs, onions, mushrooms and an egg.

I set the Regulo at Mark 7, and when the oven's hot I put in the joint—tied into a neat shape—together with the potatoes. The New World does the rest, and in an hour and a half the meat is beautifully and evenly cooked right through. There is no fear of things going wrong, when you have a New World Cooker,' said Mrs. Bartrop.

Just as easily, you can cook a *complete meal of several courses* in the New World. Set the dial of the 'Regulo,' heat up the oven, place all the dishes for the entire meal into the oven together, and the meal will cook by itself without attention. Post coupon for free recipe booklet which explains this modern miracle of labour saving.



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